

JACK PETCHEY ACHIEVEMENT AWARD WINNERS APRIL 2024

Alex Doyle (COUNTY DEVELOPMENT)

Alex shows great levels of determination, passion, and joy when training. He has focussed on achieving new PBs especially for the upcoming competitions and his hard work is paying off. He recently took part in the HAC Future Stars Development Meet where he gained his first competitive experience.

Alex volunteered as a kit carrier during the British Olympic Trials and did a great job. He followed instructions meticulously and was an excellent team player. The team lead commented on what a nice person and hard worker he is and could he please come back next year.

Congratulations to Alex for all his continued hard work and efforts for being awarded the Jack Petchey Award. Well done Alex.

Eli Frederick-Fatoyinbo (COUNTY AGE)

Eli was nominated by his fellow squad members and is a great team player. He has a lot of passion, focus and desire to improve his strokes and has remained consistent with his training.

Eli recently volunteered at the British Olympic Trial by helping with the kit carrying and he was truly inspired by the swimmers who competed.

Congratulations to Eli for all his continued hard work and efforts for being awarded the Jack Petchey Award. His coach would like to commend his outstanding efforts and is proud of his development, a truly well-deserved recognition for Eli's hard work and determination. Well done Eli!

Gabriel Bonzana (FITNESS ADVANCED)

Gabriel is one of our newer HAC swimmers. However, that has not stopped him being one of our most enthusiastic members. He attends many training sessions and is always keen to improve his technique. He works hard, is a good role model and we can't wait to see how he will progress. Keep it up Gabriel.

Imogen Garrett (FITNESS ADVANCED)

Imogen shows true dedication to her swimming, even with the pressure of her GCSEs on the horizon. Despite injury she attends regular sessions and always gives 100 percent effort.

As a Young Volunteer, she is a fantastic role model to HAC swimmers has a natural flair for coaching. Well done Imogen!

Iris Adams (REGIONAL AGE)

Iris is one of our youngest swimmers in Regional Age, and since the beginning of the season, Iris has had an amazing attitude towards her training and performance. Iris' attitude and dedication to her progression had paid off as Iris qualified for her first regionals this season!

Iris also volunteered at the British Olympic Trials carrier as a kit carrier. She worked incredibly hard as the team was one volunteer short, so she doubled up in her role working solidly for 2 hours doing the job of two volunteers. Huge well-done Iris and your Jack Petchey Achievement Award is well deserved:) keep up the good work.

Thea Stacey (COUNTY AGE)

Thea is admired by her squad members because of her positive energy that she brings to training, her laughter, and jokes as well as her friendly and caring nature she has for her fellow swimmers in her squad Thea is always keen to take onboard feedback given by her coach and has proactively asked for areas of improvement after each session.

Congratulations to Thea for all her continued hard work and efforts for being awarded the Jack Petchey Award. Thea's dedication and perseverance have not only propelled her to success but also served as an inspiration to her fellow squad members. Thea should be proud of her development, a truly well-deserved recognition for her hard work and determination. Well done Thea.